



Reflexive Pronouns:

Basic Reflexive Pronouns: Myself, Yourself, Himself, Herself...

Fill in the blank with the correct option.

- I accidentally cut ____ while I was cooking dinner.
a) myself
b) yourself
c) herself
d) himself
- Be careful with that knife! You might hurt ____.
a) myself
b) herself
c) yourself
d) himself
- Tom looked at ____ in the mirror and smiled.
a) himself
b) herself
c) itself
d) themselves
- The children enjoyed ____ at the birthday party.
a) ourselves
b) themselves
c) himself
d) yourselves
- My grandmother taught ____ to use a computer last year.
a) himself
b) herself
c) myself
d) themselves
- We need to prepare ____ for the exam next week.
a) ourselves
b) themselves
c) yourself
d) myself
- The cat was cleaning ____ on the sofa.
a) herself
b) himself
c) themselves
d) itself
- OK everyone, please help ____ to some cake. There's plenty for all of you.
a) themselves
b) ourselves
c) yourself
d) yourselves
- He introduced ____ to the new neighbours.
a) itself
b) myself
c) herself
d) himself
- Sarah burnt ____ on the hot pan.
a) himself
b) ourselves
c) herself
d) themselves

11. Did you enjoy ____ at the concert last night?
a) ourselves
b) themselves
c) myself
d) yourself
12. The baby can't dress ____ yet. She's too young.
a) herself
b) itself
c) himself
d) myself
13. We really enjoyed ____ on holiday in Spain.
a) themselves
b) yourself
c) ourselves
d) myself
14. The door closed ____ when the wind blew.
a) itself
b) themselves
c) himself
d) ourselves
15. Don't blame ____ for the mistake. It wasn't your fault.
a) himself
b) myself
c) yourself
d) herself
16. My brother locked ____ out of the house by accident.
a) ourselves
b) himself
c) herself
d) themselves
17. The students should ask ____ whether they really understand the topic.
a) yourself
b) themselves
c) ourselves
d) himself
18. I'm going to buy ____ a new pair of shoes.
a) yourself
b) herself
c) myself
d) himself
19. Emma and Jack, please behave ____! We're in a library.
a) themselves
b) yourselves
c) ourselves
d) yourself
20. The old man hurt ____ when he fell down the stairs.
a) herself
b) themselves
c) itself
d) himself



Answers

1. a) myself
2. c) yourself
3. a) himself
4. b) themselves
5. b) herself
6. a) ourselves
7. d) itself
8. d) yourselves
9. d) himself
10. c) herself
11. d) yourself
12. a) herself
13. c) ourselves
14. a) itself
15. c) yourself
16. b) himself
17. b) themselves
18. c) myself
19. b) yourselves
20. d) himself



Explanations

1. “myself” (a)

The subject is 'I', so the reflexive pronoun is 'myself'. We use a reflexive pronoun when the subject and object are the same person.

2. “yourself” (c)

The subject is 'you' (singular), so the reflexive pronoun is 'yourself'.

3. “himself” (a)

'Tom' is male and singular, so the reflexive pronoun is 'himself'.

4. “themselves” (b)

'The children' is plural (they), so the reflexive pronoun is 'themselves'. 'Enjoy yourself/themselves' means to have a good time.

5. “herself” (b)

'My grandmother' is female and singular, so the reflexive pronoun is 'herself'. 'Teach yourself' means to learn without a teacher.

6. “ourselves” (a)

The subject is 'we', so the reflexive pronoun is 'ourselves'.

7. “itself” (d)

'The cat' is an animal referred to as 'it', so the reflexive pronoun is 'itself'.

8. “yourselves” (d)

The speaker is addressing multiple people ('everyone', 'all of you'), so the reflexive pronoun is 'yourselves' (plural). 'Help yourselves' means 'take what you want'.

9. “himself” (d)

The subject is 'he', so the reflexive pronoun is 'himself'. 'Introduce yourself' means to tell someone your name.

10. “herself” (c)

'Sarah' is female and singular, so the reflexive pronoun is 'herself'.

11. “yourself” (d)

The subject is 'you' (singular), so the reflexive pronoun is 'yourself'. 'Enjoy yourself' means to have a good time.

12. “herself” (a)

The baby is referred to as 'she' in the next sentence, so the reflexive pronoun is 'herself'.

13. “ourselves” (c)

The subject is 'we', so the reflexive pronoun is 'ourselves'.

14. “itself” (a)

'The door' is a thing (it), so the reflexive pronoun is 'itself'. Here it means the door closed without anyone's help.

15. “yourself” (c)

The implied subject is 'you' (imperative), so the reflexive pronoun is 'yourself'. The speaker is telling the listener not to blame themselves.

16. “himself” (b)

'My brother' is male and singular, so the reflexive pronoun is 'himself'. 'Lock yourself out' means to leave your keys inside.

17. “themselves” (b)

'The students' is plural (they), so the reflexive pronoun is 'themselves'.

18. “myself” (c)

The subject is 'I', so the reflexive pronoun is 'myself'. Here it means 'I will buy shoes for me'.

19. “yourselves” (b)

The speaker is addressing two people ('Emma and Jack'), so the reflexive pronoun is 'yourselves' (plural). 'Behave yourself/yourselves' means to act properly.

20. “himself” (d)

'The old man' is male and singular, so the reflexive pronoun is 'himself'.