



Present Perfect:

Present Perfect vs Continuous

Fill in the blank with the correct option.

1. I ___ three cups of coffee today.
a) have drunk
b) have been drinking
c) am drinking
d) drunk
2. She ___ all morning. She looks tired.
a) has been working
b) worked
c) has worked
d) is working
3. I ___ him since we were children.
a) knew
b) am knowing
c) have known
d) have been knowing
4. Why are your hands dirty? — I ___ in the garden.
a) have been working
b) am working
c) worked
d) have worked
5. He ___ five books this year.
a) read
b) is reading
c) has read
d) has been reading
6. I ___ this book for two weeks, but I haven't finished it yet.
a) read
b) have been reading
c) am reading
d) have read
7. She ___ that car for years. It's very old.
a) has been having
b) is having
c) had
d) has had
8. It ___ all day. The streets are flooded.
a) rained
b) has been raining
c) is raining
d) has rained
9. How many emails ___ you ___ today?
a) have, sent
b) are, sending
c) have, been sending
d) did, send
10. How long ___ you ___ for this company? You look exhausted!
a) are, working
b) have, been working
c) did, work
d) had, been working
11. I ___ to learn French since January.
a) have been wanting
b) wanted
c) have wanted
d) am wanting

12. Your eyes are red. ___ you ___?
a) Are, crying
b) Have, cried
c) Have, been crying
d) Did, cry
13. I ___ this laptop since 2019. It still works well.
a) have had
b) had
c) have been having
d) am having
14. She ___ to reach you all morning. Please call her back.
a) has tried
b) has been trying
c) tried
d) is trying
15. I ___ that this company is the best.
a) have always been believing
b) am always believing
c) always believed
d) have always believed
16. The children ___ video games for hours. Tell them to stop.
a) have played
b) played
c) are playing
d) have been playing
17. I ___ four job applications this week.
a) am sending
b) sent
c) have been sending
d) have sent
18. He ___ about buying a new car lately.
a) thought
b) has thought
c) has been thinking
d) is thinking
19. This bag ___ to my grandmother. It's very old.
a) is belonging
b) has belonged
c) belonged
d) has been belonging
20. Sorry I'm late. ___ you ___ long?
a) Have, waited
b) Did, wait
c) Are, waiting
d) Have, been waiting



Answers

1. a) have drunk
2. a) has been working
3. c) have known
4. a) have been working
5. c) has read
6. b) have been reading
7. d) has had
8. b) has been raining
9. a) have, sent
10. b) have, been working
11. c) have wanted
12. c) Have, been crying
13. a) have had
14. b) has been trying
15. d) have always believed
16. d) have been playing
17. d) have sent
18. c) has been thinking
19. b) has belonged
20. d) Have, been waiting



Explanations

1. “have drunk” (a)

Use Present Perfect Simple for completed actions with quantity (three cups = result).

2. “has been working” (a)

Use Present Perfect Continuous to emphasize duration and visible effect (tired = result of long activity).

3. “have known” (c)

'Know' is a stative verb and cannot be used in continuous form.

4. “have been working” (a)

Use Continuous to explain a visible result (dirty hands) from recent activity.

5. “has read” (c)

Use Simple for completed actions with quantity (five books = countable result).

6. “have been reading” (b)

Use Continuous for ongoing action that isn't complete (still reading).

7. “has had” (d)

'Have' (possession) is a stative verb and doesn't take continuous form.

8. “has been raining” (b)

Use Continuous to emphasize duration and visible result (flooded streets).

9. “have, sent” (a)

'How many' asks about quantity/result, so use Simple form.

10. “have, been working” (b)

Use Present Perfect Continuous with 'How long' to ask about duration with a visible present result (exhaustion).

11. “have wanted” (c)

'Want' is a stative verb and doesn't take continuous form.

12. “Have, been crying” (c)

Use Continuous to ask about a recent activity causing a visible result (red eyes).

13. “have had” (a)

'Have' (possession) is stative and uses Simple form only.

14. “has been trying” (b)

Use Continuous to emphasize the ongoing nature of the repeated attempts.

15. “have always believed” (d)

'Believe' is a stative verb and doesn't take continuous form.

16. “have been playing” (d)

Use Continuous to emphasize excessive duration (for hours) and suggest stopping.

17. “have sent” (d)

Use Simple for completed actions with specific quantity (four applications).

18. “has been thinking” (c)

'Think' (consider) can be used in continuous form to show an ongoing mental process.

19. “has belonged” (b)

'Belong' is a stative verb and doesn't take continuous form.

20. “Have, been waiting” (d)

Use Continuous to ask about the duration of waiting (emphasizes the process).