Present Simple:
Adverbs of Frequency

Fill in the blank with the correct option.

1. She gets up early every day. She ___ gets up early.
   a) always b) ever
   c) yet d) never

2. I ___ late for work.
   a) don't never b) never am
   c) am never d) never don't

3. He ___ his room on weekends.
   a) usually clean b) clean usually
   c) cleans usually d) usually cleans

4. They ___ go to the cinema. Maybe once a year.
   a) always b) rarely
   c) often d) usually

5. She ___ happy at work.
   a) is always b) does always
   c) always does d) always is

6. We ___ eat out. We prefer home cooking.
   a) usually b) seldom
   c) often d) always

7. She ___ breakfast because she wakes up late.
   a) never has b) has never
   c) never have d) doesn't never have

8. How ___ do you visit your grandparents?
   a) much b) long
   c) many d) often

9. My brother ___ his bed in the morning.
   a) sometimes makes b) sometimes make
   c) makes sometimes d) make sometimes

10. I go swimming ___ a week.
    a) once b) two
    c) two time d) twice

11. The children ___ to school by bus.
    a) goes usually b) usually go
    c) usually goes d) go usually

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12. Every single morning, I ___ check my email first thing.
a) always
b) ever
c) never
d) yet

13. He ___ forgets his keys. It happens every day!
a) never
b) always
c) sometimes
d) rarely

14. We ___ busy on Mondays.
a) do usually
b) usually do
c) usually are
d) are usually

15. She doesn't have a car. She ___ takes the train to work.
a) ever
b) yet
c) already
d) always

16. We meet ___ month to discuss the project.
a) each
b) any
c) every
d) all

17. ___ she often travel for work?
a) Is
b) Do
c) Does
d) Are

18. What time ___ you usually wake up?
a) does
b) do
c) is
d) are

19. My neighbour ___ friendly.
a) not always is
b) always isn't
c) is not always
d) doesn't always

20. I ___ late, but today is an exception.
a) don't never
b) never
c) am never
d) never am

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Answers

1. a) always
2. c) am never
3. d) usually cleans
4. b) rarely
5. a) is always
6. b) seldom
7. a) never has
8. d) often
9. a) sometimes makes
10. d) twice
11. b) usually go
12. a) always
13. b) always
14. d) are usually
15. d) always
16. c) every
17. c) Does
18. b) do
19. c) is not always
20. c) am never

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Explanations

1. “always” (a)
Frequency adverbs like 'always' come before the main verb: She always gets up early.

2. “am never” (c)
With 'be', the adverb comes after: I am never late.

3. “usually cleans” (d)
Adverb before main verb + third person singular -s: He usually cleans.

4. “rarely” (b)
'Rarely' means not very often, which matches 'once a year'.

5. “is always” (a)
With 'be', frequency adverbs come after: She is always happy.

6. “seldom” (b)
'Seldom' means rarely/not often, matching 'prefer home cooking'.

7. “never has” (a)
Frequency adverb before main verb + third person form: She never has breakfast.

8. “often” (d)
'How often' asks about frequency.

9. “sometimes makes” (a)
Adverb before verb + third person singular: My brother sometimes makes his bed.

10. “twice” (d)
'Twice a week' means two times per week. 'Two time' is incorrect.

11. “usually go” (b)
Adverb before verb + base form for plural subjects: The children usually go.

12. “always” (a)
'Always' indicates something done every time, before the main verb.

13. “always” (b)
'Every day' indicates it happens all the time = always.

14. “are usually” (d)
With 'be', the adverb comes after: We are usually busy.

15. “always” (d)
'Always' fits between subject and main verb for habits.

16. “every” (c)
'Every month' is the correct time expression for regular meetings.

17. “Does” (c)
In questions with frequency adverbs, use Does + subject + adverb + base verb.

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18. “do” (b)

Use 'do' in Wh- questions with 'you'. The adverb 'usually' goes after the subject.

19. “is not always” (c)

Negative with be + frequency adverb: is not always. The adverb goes between 'not' and the adjective.

20. “am never” (c)

With 'be', the adverb comes after: I am never late.

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